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Name: \_\_\_\_\_ Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth \_\_\_\_\_ Sex M / F Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Email Address: \_\_\_\_\_

**PLEASE LIST YOUR PRIMARY CARE PHYSICIAN**

NAME	SPECIALTY	CITY, STATE	DATE LAST SEEN

**LIST ANY OTHER PHYSICIANS YOU SEE**

NAME	SPECIALTY	CITY, STATE	DATE LAST SEEN

**WHY ARE YOU SEEING US TODAY?** \_\_\_\_\_

Testosterone Replacement \_\_\_\_\_ Hormone Replacement \_\_\_\_\_ Sexual Dysfunction \_\_\_\_\_ Peptide Therapy \_\_\_\_\_  
Skin Rejuvenation \_\_\_\_\_ Botox \_\_\_\_\_ Weight Loss \_\_\_\_\_ PRP for joint pain or hair loss \_\_\_\_\_ Laser Hair Removal \_\_\_\_\_  
Conceirge Physician Services \_\_\_\_\_ Chiropractic Treatment \_\_\_\_\_ IV Vitamin Therapy \_\_\_\_\_

**MEDICAL HISTORY** HAVE YOU OR MEMBERS OF YOUR FAMILY HAD ANY OF THE FOLLOWING:

CONDITONS	YOU	FAMILY
HIGH CHOLESTEROL		
HEART DISEASE/ ATTACK		
HIGH BLOOD PRESSURE		
STROKE		
BLOOD CLOTS		
BREAST CANCER		
DIABETES		
THYROID PROBLEMS		
LIVER DISEASE		
CERVICAL CANCER		

CONDITONS	YOU	FAMILY
ENDOMETRIOSIS		
HIV/AIDS		
KIDNEY/ BLADDER PROBLEMS		
ANEMIA		
BLOOD TRANSFUSION		
BLEEDING DISORDER		
PROSTATE DISEASE		
PROSTATE CANCER		
ERECTILE DYSFUNCTION		
COLON CANCER		
GENETIC/INHERITED		

**OTHER MEDICAL HISTORY** \_\_\_\_\_



**PREVIOUS SURGERIES**

YEAR	OPERATION	HOSPITAL	COMMENTS

**CURRENT PRESCRIPTION MEDICATIONS**

NAME	DOSAGE	TIMES PER DAY	HOW LONG?

**CURRENT NON-PRESCRIPTION MEDICATIONS (INCLUDING HERBALS & SUPPLEMENTS)**

NAME	DOSAGE	TIMES PER DAY	HOW LONG?

**PLEASE LIST ALL ALLERGIES**

NAME	REACTION

## **WHAT IS LUMECCA IPL?**

We're proud to offer Lumecca IPL, one of the most effective and advanced skin treatments for achieving blemish-free, clear skin. The technology uses higher maximum pulsed light power to deliver superior results and treatment outcomes, leading to shorter treatment times and more visible results.

After only one session, unwanted pigments that cause skin imperfections are absorbed and eliminated, giving you visible improvements in just a few appointments.

## **THE BENEFITS OF THE TREATMENT**

Lumecca IPL's sophisticated technology makes it superior to other IPL providers. The treatment is performed using a unique handpiece with a xenon flash lamp that emits precise wavelengths of light to heat targeted tissue without damaging surrounding areas.

This makes the treatment:

- Comfortable
- Versatile
- Accurate

## **SUITABLE FOR DIFFERENT SKIN TYPES AND CONDITIONS**

Traditional IPL is often not recommended for darker skin types. However, Lumecca's advanced technology offers a wide range of wavelengths suitable for treating various skin types and conditions.

## **COMFORTABLE AND SAFE**

Lumecca IPL features an intense cooling sapphire to protect the skin's surface. This makes the treatment safe and comfortable while preventing unpleasant sensations and sensitivity.

## **PROVIDES FAST RESULTS**

Most IPL treatments require 4–6 sessions before noticeable results. Lumecca can achieve similar results in as few as 1–2 sessions.

## **WHAT AREAS AND SKIN CONDITIONS DOES LUMECCA IPL TREAT?**

Popular treatment areas include:

- Face
- Neck
- Legs
- Hands
- Arms

## Conditions Treated:

- **Hyperpigmentation**  
Targets excess pigment to even skin tone.
- **Sunspots (Liver Spots)**  
Reduces flat dark spots from sun exposure and aging.
- **Rosacea**  
Decreases redness, bumps, and flare-ups.
- **Freckles**  
Targets melanin clusters causing brown spots.
- **Melasma**  
Improves uneven brown patches often caused by hormones and sun exposure

## HOW DOES THE TREATMENT WORK?

- You will lie comfortably during treatment.
- Protective eyewear is provided.
- A cool gel is applied.
- You may feel a rubber-band snapping sensation.
- Average session time: approximately 1 hour

## NUMBER OF SESSIONS REQUIRED

Visible improvement is often seen after the first session. Multiple treatments may be needed for optimal results.

## IDEAL CANDIDATES

You may be a good candidate if you:

- Have uneven or sun-damaged skin
- Experience rosacea

Not ideal if you:

- Have recently tanned skin
- Are pregnant
- Are taking Accutane
- Have certain chronic health conditions

A consultation will determine suitability.

## PRE-TREATMENT RECOMMENDATIONS

- Discontinue Retin-A, Tretinoin, Hydroquinone, and self-tanning products 5 days prior.
- Stop Accutane (isotretinoin) at least 2 months prior.
- Avoid sun tanning 2 weeks before and after treatment.
- Notify us of recent chemical peels, laser resurfacing, or injectables within 4 weeks.
- Inform us of metallic dental implants.
- Consult a specialist if you have a history of skin cancer.
- Shave treatment area if needed.
- Do not undergo treatment if pregnant or trying to conceive

## TREATMENT DAY & IMMEDIATELY AFTER

- Arrive with a clean face (no makeup).
- A topical anesthetic or air chiller may be used.
- Expect bright light and snapping sensation.
- Redness and darkening of pigmented areas are normal.
- Mild tenderness or burning may last a few hours to a day.

## POST-TREATMENT RECOMMENDATIONS

Pigmented areas may darken and resemble “pepper grains” by days 3–4. These will naturally shed within 7–10 days.

### Do NOT:

- Pick
- Scratch
- Rub
- Scrub

### Daily Skincare:

Step 1 – Gentle cleanse once or twice daily

Step 2 – Apply moisturizer twice daily

Step 3 – Apply SPF 40 or greater daily

### Avoid:

- Sun exposure
- Hot baths
- Massages
- Retinols /glycolics
- Aggressive facials for at least 1 week

### Possible short-term effects: -

- Redness
- Mild blistering
- Bruising
- Discoloration

For questions or concerns regarding your Clear Skin with Lumecca treatment:

Phone: 850.386.8282

Email: [office@pathwaywellness.com](mailto:office@pathwaywellness.com)

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Patient Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Provider: \_\_\_\_\_

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_